

Monday

Tuesday

Wednesday

Thursday

Friday



Fall Break
No School

Fall Break
No School

Fall Break
No School

Fall Break
No School

Fall Break
No School

French Toast Sticks
Pop Tarts/Cereal
Fruit
Milk/Juice

Sausage Biscuit
Pop Tarts/Cereal
Fruit
Milk/Juice

Banana Bread
Mini Cinni Rolls
Pop Tarts/Cereal
Fruit
Milk/Juice

Breakfast Tornadoes
Pop Tarts/Cereal
Fruit
Milk/Juice

Donuts
Pop Tarts/Cereal
Fruit
Milk/Juice

Waffle Bites
Pop Tarts/Cereal
Fruit
Milk/Juice

Chicken Biscuit
Pop Tarts/Cereal
Fruit
Milk/Juice

Muffins
Pop Tarts/Cereal
Fruit
Milk/Juice

Pancake-Sausage
on a Stick
Pop Tarts/Cereal
Fruit
Milk/Juice

Toast & Eggs
Pop Tarts/Cereal
Fruit
Milk/Juice

Mini Pancakes
Pop Tarts/Cereal
Fruit
Milk/Juice

Sausage Biscuit
Pop Tarts/Cereal
Fruit
Milk/Juice

Banana Bread
Mini Cinni Rolls
Pop Tarts/Cereal
Fruit
Milk/Juice

Breakfast Tornadoes
Pop Tarts/Cereal
Fruit
Milk/Juice

Donuts
Pop Tarts/Cereal
Fruit
Milk/Juice

Did you know?

Establishing eating breakfast everyday early in life sets a positive foundation for healthy eating habits throughout adulthood.